

Spence Children's Anxiety Scale – Teacher Report - Brief Version (SCAS-T-8)

Your name:

Child's name:

Date:

BELOW IS A LIST OF ITEMS THAT DESCRIBE CHILDREN. FOR EACH ITEM PLEASE CIRCLE THE RESPONSE THAT BEST DESCRIBES THE CHILD. PLEASE ANSWER ALL THE ITEMS.

1. Worries about things	Never	Sometimes	Often	Always
2. Worries about being away from his/her parents	Never	Sometimes	Often	Always
3. Feels afraid that (s)he will make a fool of him/herself in front of people	Never	Sometimes	Often	Always
4. Worries that (s)he will do badly at school	Never	Sometimes	Often	Always
5. Has trouble going to school in the mornings because (s)he feels nervous or afraid	Never	Sometimes	Often	Always
6. Suddenly starts to tremble or shake when there is no reason for this	Never	Sometimes	Often	Always
7. Worries that something bad will happen to him/her	Never	Sometimes	Often	Always
8. All of a sudden feels really scared for no reason at all	Never	Sometimes	Often	Always