

## Preschool Anxiety Scale (PAS)

OCD	Social Anxiety	Separation Anxiety	Physical Injury Fears	Generalised Anxiety	T-Score	%tile	Total PAS	T-Score
6-20	16-24	10-20	16-28	10-20	≥70	≥98%	≥48	≥70
5	15	9	15	9	69	97%	46-47	69
	14				68	96%	45	68
	13	8	14	8	67	96%	44	67
					66	95%	42-43	66
4	12	7	12	7	65	94%	41	65
					64	92-93%	39-40	64
	11	6	11	6	63	90-91%	38	63
					62	87-89%	37	62
3	10	6	10	5	61	85-86%	35-36	61
					60	<b>Elevated</b> 84%	34	60
	9	5	9	4	59	82-83%	33	59
					58	79-81%	31-32	58
2	8	4	8	3	57	75-78%	30	57
					56	71-74%	28-29	56
	7	3	7	2	55	70%	27	55
					54	64-69%	26	54
1	6	2	6	1	53	59-63%	24-25	53
					52	55-58%	23	52
	5	1	5	0	51	51-54%	22	51
					50	50%	20-21	50
0	4	0	4	0	49	46-49%	19	49
					48	40-45%	18	48
	3	0	3	0	47	35-39%	16-17	47
					46	33-34%	15	46
0	2	0	2	0	45	32%	13-14	45
					44	29-31%	12	44
	1	0	1	0	43	25-28%	11	43
					42	20-24%	9-10	42
0	0	0	0	0	41	17-19%	8	41
					40	≤16%	≤7	≤40

- |   |   |  |  |   |
|---|---|--|--|---|
| <input type="checkbox"/> 3. Keeps checking<br><input type="checkbox"/> 9. Repeated hand washing<br><input type="checkbox"/> 18. Right order to stop bad outcome<br><input type="checkbox"/> 21. Repetitive thoughts / images<br><input type="checkbox"/> 27. Special thoughts | <input type="checkbox"/> 2. Worries will look stupid<br><input type="checkbox"/> 5. Scared to ask for help<br><input type="checkbox"/> 11. Scared of unfamiliar people<br><input type="checkbox"/> 15. Scared of talking in front of class<br><input type="checkbox"/> 19. Worries doing something embarrassing in public<br><input type="checkbox"/> 23. Scared to join group activities | <input type="checkbox"/> 6. Fears sleeping alone<br><input type="checkbox"/> 12. Worries about harm to parent<br><input type="checkbox"/> 16. Fears bad event will cause separation<br><input type="checkbox"/> 22. Distressed when separated from parent<br><input type="checkbox"/> 25. Nightmares about being separated | <input type="checkbox"/> 7. Fears heights<br><input type="checkbox"/> 10. Fears crowds<br><input type="checkbox"/> 13. Fears storms<br><input type="checkbox"/> 17. Fears swimming<br><input type="checkbox"/> 20. Fears insects spiders<br><input type="checkbox"/> 24. Fears dogs<br><input type="checkbox"/> 26. Fears the dark | <input type="checkbox"/> 1. Difficulty stopping worry<br><input type="checkbox"/> 4. Irritability / restlessness<br><input type="checkbox"/> 8. Trouble sleeping<br><input type="checkbox"/> 14. Spends time worrying<br><input type="checkbox"/> 28. Seeks reassurance |
|---|---|--|--|---|

**OCD Total = \_\_\_\_\_**     
 **Soc Anx Total = \_\_\_\_\_**     
 **Sep Anx Total = \_\_\_\_\_**     
 **Phys Total = \_\_\_\_\_**     
 **GA Total = \_\_\_\_\_**     
 **Total PAS = \_\_\_\_\_**