

NOTE: Reverse score items noted below with *

Items marked with * are reversed and are scored accordingly below.

ie. score 1-> 7; 2-> 6 etc 7-> 1

You need to do this BEFORE you compute the subscale and total scores.

Score all 30 items.

Higher score indicates higher Behavioural Inhibition

SUBSCALE SCORES

Score items listed for each subscale

Social Novelty Inhibition

Adults: 3, 16*, 26*, 30 _____ / 28

Peers: 2*, 7*, 8, 12, 19*, 20 _____ / 42

Performance: 6*, 10*, 21, 28 _____ / 28

Total Social Novelty _____ / **98**

Situational Novelty Inhibition

Separation/Preschool: 9*, 11*, 18, 27 _____ / 28

New Situations: 1, 5*, 14*, 15*, 22, 23*, 24*, 25 _____ / 56

Physical Challenges: 4, 13*, 17, 29* _____ / 28

Total Situational Novelty _____ / **112**

TOTAL SCORE

_____ / **210**

Behavioural Inhibition Questionnaire (Parent Form)

Scoring Key

Please use this template to copy circled responses from original form, keeping responses in their original place.

*Items marked with * are reversed and are scored accordingly below.*

1. Approaches new situations or activities very hesitantly	1	2	3	4	5	6	7
2. Will happily approach a group of unfamiliar children to join in their play*	7	6	5	4	3	2	1
3. Is very quiet around new (adult) guests to our home	1	2	3	4	5	6	7
4. Is cautious in activities that involve physical challenge (e.g., climbing, jumping from heights)	1	2	3	4	5	6	7
5. Settles in quickly when we visit the homes of people we don't know well*	7	6	5	4	3	2	1
6. Enjoys being the centre of attention*	7	6	5	4	3	2	1
7. Is comfortable asking other children to play*	7	6	5	4	3	2	1
8. Is shy when first meeting new children	1	2	3	4	5	6	7
9. Happily separates from parent(s) when left in new situations for the first time (e.g., kindergarten, preschool, childcare)*	7	6	5	4	3	2	1
10. Is happy to perform in front of others (e.g., singing, dancing)*	7	6	5	4	3	2	1
11. Quickly adjusts to new situations (e.g., kindergarten, preschool, childcare)*	7	6	5	4	3	2	1
12. Is reluctant to approach a group of unfamiliar children to ask to join in	1	2	3	4	5	6	7
13. Is confident in activities that involve physical challenge (e.g., climbing, jumping from heights)*	7	6	5	4	3	2	1
14. Is independent*	7	6	5	4	3	2	1
15. Seems comfortable in new situations*	7	6	5	4	3	2	1
16. Is very talkative to adult strangers*	7	6	5	4	3	2	1
17. Is hesitant to explore new play equipment	1	2	3	4	5	6	7

18. Gets upset at being left in new situations for the first time (e.g., kindergarten, preschool, childcare)	1	2	3	4	5	6	7
19. Is very friendly with children he or she has just met*	7	6	5	4	3	2	1
20. Tends to watch other children, rather than join in their games	1	2	3	4	5	6	7
21. Dislikes being the centre of attention	1	2	3	4	5	6	7
22. Is clingy when we visit the homes of people we don't know well	1	2	3	4	5	6	7
23. Happily approaches new situations or activities*	7	6	5	4	3	2	1
24. Is outgoing*	7	6	5	4	3	2	1
25. Seems nervous or uncomfortable in new situations	1	2	3	4	5	6	7
26. Happily chats to new (adult) visitors to our home*	7	6	5	4	3	2	1
27. Takes many days to adjust to new situations (e.g., kindergarten, preschool, childcare)	1	2	3	4	5	6	7
28. Is reluctant to perform in front of others (e.g., singing, dancing)	1	2	3	4	5	6	7
29. Happily explores new play equipment*	7	6	5	4	3	2	1
30. Is very quiet with adult strangers	1	2	3	4	5	6	7
