

**NOTE: Reverse score items noted below with \***

**Items marked with \* are reversed and are scored accordingly below.**

**ie. score 1-> 7; 2-> 6 etc 7-> 1**

**You need to do this BEFORE you compute the subscale and total scores.**

**Score all 30 items.**

**Higher score indicates higher Behavioural Inhibition**

### **SUBSCALE SCORES**

*Score items listed for each subscale*

#### **Social Novelty Inhibition**

Adults: 3, 16\*, 26\*, 30 \_\_\_\_\_ / 28

Peers: 2\*, 7\*, 8, 12, 19\*, 20 \_\_\_\_\_ / 42

Performance: 6\*, 10\*, 21, 28 \_\_\_\_\_ / 28

**Total Social Novelty** \_\_\_\_\_ / **98**

#### **Situational Novelty Inhibition**

Separation/Preschool: 9\*, 11\*, 18, 27 \_\_\_\_\_ / 28

New Situations: 1, 5\*, 14\*, 15\*, 22, 23\*, 24\*, 25 \_\_\_\_\_ / 56

Physical Challenges: 4, 13\*, 17, 29\* \_\_\_\_\_ / 28

**Total Situational Novelty** \_\_\_\_\_ / **112**

**TOTAL SCORE**

\_\_\_\_\_ / **210**

## *Behavioural Inhibition Questionnaire (Parent Form)*

### Scoring Key

*Please use this template to copy circled responses from original form, keeping responses in their original place.*

*Items marked with \* are reversed and are scored accordingly below.*

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1. Approaches new situations or activities very hesitantly	1	2	3	4	5	6	7
2. Will happily approach a group of unfamiliar children to join in their play*	7	6	5	4	3	2	1
3. Is very quiet around new (adult) guests to our home	1	2	3	4	5	6	7
4. Is cautious in activities that involve physical challenge (e.g., climbing, jumping from heights)	1	2	3	4	5	6	7
5. Settles in quickly when we visit the homes of people we don't know well*	7	6	5	4	3	2	1
6. Enjoys being the centre of attention*	7	6	5	4	3	2	1
7. Is comfortable asking other children to play*	7	6	5	4	3	2	1
8. Is shy when first meeting new children	1	2	3	4	5	6	7
9. Happily separates from parent(s) when left in new situations for the first time (e.g., kindergarten, preschool, childcare)*	7	6	5	4	3	2	1
10. Is happy to perform in front of others (e.g., singing, dancing)*	7	6	5	4	3	2	1
11. Quickly adjusts to new situations (e.g., kindergarten, preschool, childcare)*	7	6	5	4	3	2	1
12. Is reluctant to approach a group of unfamiliar children to ask to join in	1	2	3	4	5	6	7
13. Is confident in activities that involve physical challenge (e.g., climbing, jumping from heights)*	7	6	5	4	3	2	1
14. Is independent*	7	6	5	4	3	2	1
15. Seems comfortable in new situations*	7	6	5	4	3	2	1
16. Is very talkative to adult strangers*	7	6	5	4	3	2	1
17. Is hesitant to explore new play equipment	1	2	3	4	5	6	7

18. Gets upset at being left in new situations for the first time (e.g., kindergarten, preschool, childcare)	1	2	3	4	5	6	7
19. Is very friendly with children he or she has just met*	7	6	5	4	3	2	1
20. Tends to watch other children, rather than join in their games	1	2	3	4	5	6	7
21. Dislikes being the centre of attention	1	2	3	4	5	6	7
22. Is clingy when we visit the homes of people we don't know well	1	2	3	4	5	6	7
23. Happily approaches new situations or activities*	7	6	5	4	3	2	1
24. Is outgoing*	7	6	5	4	3	2	1
25. Seems nervous or uncomfortable in new situations	1	2	3	4	5	6	7
26. Happily chats to new (adult) visitors to our home*	7	6	5	4	3	2	1
27. Takes many days to adjust to new situations (e.g., kindergarten, preschool, childcare)	1	2	3	4	5	6	7
28. Is reluctant to perform in front of others (e.g., singing, dancing)	1	2	3	4	5	6	7
29. Happily explores new play equipment*	7	6	5	4	3	2	1
30. Is very quiet with adult strangers	1	2	3	4	5	6	7

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